

# **IPPA Volunteer Orientation**



## Together, we:

- Promote the science of positive psychology and its researchbased applications.
- Facilitate collaboration among scholars, practitioners and students worldwide.
- ♦ Share the findings of positive psychology broadly.



## **Division Goals**

- To allow members to connect and contribute year-round to our international network.
- $\diamond$  To serve as positive psychology ambassadors to other professions.
- To bridge research and practice and convene diverse cultural and multidisciplinary perspectives from a broad group of scholars, practitioners, and students.
- To have members actively develop or participate in educational and professional development opportunities and collaborate on meaningful initiatives that advance the science and practice of positive psychology.
- All division-led program offerings, initiatives, and outreach meet the highest scientific and ethical standards for research and application.



## What to Know as a Volunteer

- All volunteers are to abide by the IPPA Code of Conduct (see following pages).
- Division volunteers are directed by Division leadership, and work in tandem with leadership and the Division President to provide quality content to the IPPA membership.
- $\diamond$  Committee lead volunteers may serve 1- or 2-year terms.
- There are multiple ways to engage with your Division members. Speak with your Division leaders or committee lead to find out how you can help to promote your Division and IPPA.
- Your time is valuable; we ask for a minimum commitment of 1-2 hours per week from all our volunteers, with the possibility of a greater outlay at certain points in time (the days leading up to an event, planning for the World Congress, etc.)



### **Member Code of Conduct**

- 1. Non-Endorsement. IPPA members may not use their status as a member to imply any kind of endorsement of themselves or their work.
- 2. Scope of Power. No member may certify, license, or otherwise issue credentials on behalf of IPPA. No member may enter into an agreement (financial, legal, marketing, program-related) on behalf of IPPA with any external entity without prior written permission from IPPA's Executive Director. No member may represent IPPA to the media without express permission from IPPA's Executive Director or Director of Communications
- 3. Conflict of Interest. Volunteers will not knowingly hold, assume, or accept a position in which interests conflict with commitment or role. In the event that a volunteer might have a financial or professional conflict of interest, he or she must disclose the conflict of interest and recuse him or herself from the activity. Volunteers must not benefit financially from their role with IPPA, or use their position for self-promotion



## Member Code of Conduct (cont.)

4. Membership confidentiality. Members may not use, distribute, member information (e.g. member emails) for any personal gain. Information may be used for IPPA membership and division leadership purposes only.

#### 4. IPPA Volunteers must:

- Maintain an active IPPA membership
- Attend required leadership team meetings (if applicable)
- Adhere to the member code of conduct when in their role



# Year-Round Connection and Learning



## What Do Divisions Provide?

Divisions are member-initiated special interest groups.

They provide members with:

- Collective learning
- Professional development & collaboration
- Connection of research and practice
- An exchange of ideas and resources
- Cultivating thought-leadership







## What Are Typical Division Activities?

#### **Divisions at Congress:**

- 1. Program sessions Pre or Post-Congress, or seminars, symposia, or round tables during Congress
- 2. Awards Each Division has their own unique awards with their own pre-requisites. These are funded out of the Division budget. Note: All winners MUST be active IPPA members.
- 3. General meeting Be a participating member of the Congress, so that others can get to know what your Division is all about.

#### **Divisions Year-Round:**

- 1. Educational Webinars: Share your knowledge with your Division, other IPPA members, and the public with engaging webinars and meetings.
- 2. Discussions in IPPA Engage: Start a conversation to encourage others to participate in a dialogue regarding positive psychology and your Division's areas of focus.
- 3. Outreach to external groups: Networking is an integral part of helping IPPA grow and thrive.
- 4. Newsletter contributions: Make sure to promote any event that your Division is sponsoring and/or hosting to let all IPPA know and encourage them to join!
- 5. Mentoring: Lead by example; make sure to let your members know you're available for them to help them grow in the positive psychology field.





Engage Provides:

- Blogs & Discussion Forums
- News and Upcoming Events
- Team collaboration
- Home of the Learning Library

Pa Pa	Helpful Site Hints and Features	Threads	Posts	Last Post	
•				Last Post	Connections
92 92				General Discussion	Connections
93 93				03/19/2024 8: 16AM (CT)	Others
Pa	Need ideas on where to start? Look here for some tips on what you can do in	1	1	CDoyle (admin)	
Pa	Engagel			+)	
Pa .	Positive Psychology Conversations	t	1	03/28/2024 1:42AM (CT)	
	A place for general discussion about positive psychology for our members.		3	ORHart	
				*)	
	Division Event Announcements	5	5	05/05/2024 2:31PM (CT)	
20	This is where Divisions can post their notices for upcoming events for all IPPA members!	3		CDoyle (admin)	
				IPPA Divisions	
	Positive Clinical Psychology Division	1	1	03/07/2024 9:23PM (CT)	
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	Positive Education Division	1	1	03/07/2024 9:23PM (CT)	
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3	Spirituality and Meaning Division	2	2	03/07/2024 9:20PM (CT)	
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3	Work & Organizations Division Moderators: Nathalie Grand   Vicki Cabrera	4	7	04/14/2024 1:17PM (CT) ORHart	
	Moderators: Nathate Grand   Vice Cabrera			*)	
				Learning Library	
	A Division Webland Library				
-	Division Webinar Library The archive for past Division Webinars that have been hosted by our various	19	19	04/16/2024 1:40PM (CT) CDoyle (admin)	
	Divisions, for our members to view.			• (coopie (autimit)	
	IPPA World Congress Library				
9.8	The archive for past World Congresses and the talks and presentations provided to	1	1	03/15/2024 12:35PM (CT) CDoyle (admin)	
	our membership for viewing.			+)	
	Member Share Repository				
2	A place for our IPPA members to share their papers, works, talks, etc., with the rest of the member community.	0	0		



#### **Monthly News Round-up**

#### Send

- Conferences & events
- Calls for proposals & submissions
- Volunteer opportunities
- New programs and resources



#### Monthly News Round-up (MNR)

#### IPPA's Monthly News Round-Up - May 2024



Spring is spreading through the northern hemisphere, and many people react to nature's rekindled beauties with hope and happiness. To be sure, its spread is uneven: My Utah home just had another week of snow (but that's mountain life for you!), while I am now in northern Germany where the ongoing string of sunny days belies German's reputation for sourpuss weather.

The uplifting spring mood contrasts with the national mood in many countries. Populations are cranky.

Adults are ever slower to marry and increasingly reluctant to bring children into the world. Politicians assure suspicious voters that voting for the other side will destroy civilization. Dire forecasts abound, on everything from the economy to the weather.

What can positive psychology do? Let's take a minute and consider the long view. Of all the births in the history (and prehistory) of our species, the luckiest big group comprises people born in Western civilization after World War Two. Those of us who have been thus blessed might profit by stopping to gripe about the price of tomatoes or whatever and just relish our luck.

We live longer, safer, richer, and more comfortable lives than our ancestors imagined. I think Ben Franklin once observed that if only science could find a cure for toothaches, everyone would be happy forever. We can hardly imagine what it was like to have a painful toothache for weeks at a time, ended perhaps by having the tooth pulled out with no painkillers before or after. Toothaches are mostly a thing of the past by now, but the anticipated ongoing bliss has not materialized. We don't realize how good we have it.



# Thank you!!